

# FACIAL MODALITIES

## Microdermabrasion

A gentle, non-invasive exfoliation that uses a diamond tip or fine crystals to remove dull, dead skin cells. This treatment smooths texture, brightens tone, and helps skincare products absorb more effectively. It's great for improving the look of fine lines, sun damage, and uneven texture.

## Microcurrent

Often called a “workout for your face,” microcurrent uses low-level electrical currents to tone and lift facial muscles. It helps improve circulation, reduce puffiness, and give the skin a more lifted, sculpted, and youthful appearance — all with no downtime.

## Ultrasonic

Ultrasonic facials use gentle sound wave vibrations to deeply cleanse pores and enhance the absorption of serums. This modality promotes smooth, hydrated, and glowing skin by stimulating circulation and encouraging healthy cell renewal.

## High Frequency

A classic skincare tool that uses a mild electrical current and a glass electrode to oxygenate the skin. It helps reduce acne-causing bacteria, calm inflammation, shrink enlarged pores, and stimulate circulation for a healthy, radiant glow.

## Gua Sha

A traditional facial massage technique using a smooth stone tool to gently glide over the skin. Gua Sha helps relieve facial tension, boost circulation, reduce puffiness, and enhance natural contour — leaving the skin looking refreshed and lifted

## LED Light Therapy

### Red — Anti-Aging & Healing

Stimulates collagen and elastin production to firm and smooth the skin. Red light helps reduce fine lines, improve elasticity, and speed up healing — perfect for mature or stressed skin.

## **Blue — Clarifying & Acne Care**

Targets acne-causing bacteria to help clear and prevent breakouts. It also helps calm redness and inflammation, making it ideal for oily or acne-prone skin.

## **Green — Balancing & Brightening**

Helps fade hyperpigmentation, dark spots, and uneven skin tone by slowing excess melanin production. It promotes a balanced, refreshed, and radiant complexion.

## **Yellow — Soothing & Revitalizing**

Reduces redness and boosts circulation for a healthy glow. Yellow light is gentle and calming — great for sensitive or rosacea-prone skin.

## **Purple — Healing & Rejuvenating**

A combination of red and blue light, purple helps heal acne while also supporting anti-aging benefits. It promotes skin recovery and cell renewal.

## **Cyan — Calming & Repairing**

Soothes irritation and reduces inflammation. Cyan light is often used after more active treatments to help the skin recover and feel refreshed.

## **White — Deep Rejuvenation**

Penetrates the deepest into the skin to promote overall renewal and repair. It supports healing, boosts collagen, and enhances the results of other LED colors.